



Music & Movement at SJKP!

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Music and Movement Instructor



Focus	I can sing, move, and play to the beat. I can listen and respond to music.
Vocabulary	steady beat actions shakes/scrapes movements
Standards	MU:Cr1.1.PKa: With substantial guidance, explore and experience a variety of music. MU:Cr2.1.PKa: With substantial guidance, explore favorite musical ideas (such as movements, vocalizations, or instrumental accompaniments). MU:Pr6.1.PKa: With substantial guidance, perform music with expression. MU:Cn11.0.PKa: Demonstrate understanding of relationships between music and the other arts, other disciplines, varied contexts, and daily life.

Singing: “Five Little Birds” – <https://www.youtubekids.com/watch?v=Ov-DhrJy7ZI>

- Practice your singing and counting skills with this sweet song. Don’t forget to keep a steady beat! 😊

Listening: “Ballet of the Unhatched Chicks” – <https://safeYouTube.net/w/Vho7>

- This piece tells the story of determined chicks trying to peck out of their shells! Use your homemade shakers from Lesson 1 to play along with the orchestra. You can also color the attached picture of the little chicks, and make them quickly hop up and down while the music is playing!

Did You Know?

- In a study at Northwestern University, researchers have linked the ability to keep a beat to reading and language skills! Read more here:
<https://news.northwestern.edu/stories/2013/09/the-importance-of-keeping-the-beat/>

24/7 Learning: We practice keeping a steady beat every time we sing – we stamp/stomp, pat (also known as “patsch”), clap, and snap! Sing a song to your parents at home showing how to keep the steady beat. Ask your parents if they can keep a steady beat with you. 😊



stamp



pat



clap



snap

